

Chito Ryu Manual

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Chito Ryu Manual

Chito-Ryu was developed by O'Sensei (Dr Tsuyoshi Chitose) the 6thmaster of To-De (Chinese hand) [pictured right]. By combining the strengths of two Okinawan martial arts, Shuri no te and Naha no te, along with his medical knowledge, O'Sensei developed Chito-Ryu.

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Chito Ryu is a traditional Okinawan style of karate founded by Dr. Tsuyoshi Chitose (O'Sensei). Chito Ryu derives from two disciplines, Shuri no Te (now Shorin Ryu) and Naha no Te (now Shorei Ryu). O'Sensei created Chito Ryu by combining the merits of both these styles with his medical knowledge, to develop a healthier alternative.

Chito-Ryu Karate-Do YoshinkanKarate

Chito Ryu Kyu Requirements Prepared by: Chito Ryu Technical Committee Senseis: Romualdo Ferri Robert McInnes Germain Bisson Chris Golz Troy Shore Ken Roper Derek Ryan Harvey Hiob David Chong (Secretary) September, 2010 KYU REQUIREMENTS 1 Canadian Chito-Ryu Technical Committee. ROKU-KYU TO GO-KYU

Canadian Chito-Ryu DRAFT - Martial

United States Chito- ryu Karate Federation - Our Mission: All members of the United States Chito-ryu Karate Federation shall be guided by the insight of Doctor Tsuyoshi Chitose (O-Sensei) whose dedication . About Us - fmyerskarate - Shito Ryu distinguishes itself from other styles by incorporating Kobudo, the art of weaponry. Shihan Teru has ...

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List of Chito-Ryu Karate Katas. This page will help you to learn the basic katas for Chito-Ryu Karate (i.e. Shihohai, Seisan, Niseishi and Bassai). However, if you have any questions about a particular kata movement, please check with your instructor because kata instructions and the order of katas can vary by school and organization.

List of Chito-Ryu Karate Katas - kaimuay.com

Our Mission: All members of the United States Chito-ryu Karate Federation shall be guided by the insight of Doctor Tsuyoshi Chitose (O-Sensei) whose dedication established our past, whose genius determines our present, and whose vision shapes our future. We will preserve his place in karate history. We shall preserve the kata and techniques of our style's founder, O-Sensei, and guide our ...

United States Chito-ryu Karate Federation

International Chito-Ryu Karate-do Federation of Australia Inc.

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Beginner Manual - International Chito-Ryu Karate beginner ...

Chito Ryu karate is designed to instil confidence and self-discipline while preparing the mind and body to defend against aggressive behaviour or assault. Chito Ryu karate improves mental focus and concentration and builds self confidence.

New Brunswick Chito-Ryu Karate - Merchandise

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Chito Ryu Manual

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Chito Ryu Manual - gvl.globalvetlink.com

Chito-Ryu is one of the oldest styles of karate in Canada. Its founder was a physician and optimized its training methods to provide safe physical conditioning while maintaining maximal effectiveness.

Canadian Chito-Ryu Karate-Do Association - National ...

Ryusei Manual Published The English-language Ryusei Karate-Do Technical Manual was published last fall. It includes a translation of the original Japanese manual, written by Sakamoto-Sensei, with his understanding of Chito-ryu technique, as well some excursions into history and philosophy.

Ryusei Manual Published - Ryusei Karate-Do

The others, who chose to remain loyal to the Japanese parent organization, formed the new organization Chito Ryu Canada ICKF. Chris Taneda, Kyoshi and 7th Dan, is their most senior instructor. Australia. The International Chito-Ryu Karate-do Federation of Australia (ICKFA) is the governing association for Chitō-ryū dōjō in Australia.

Chitō-ryū - Wikipedia

Chito ryu in Canada Chito-ryū is a popular mainstream karate style in Canada, with approximately 60 Chito-ryū dojos in 8 of Canada's 10 provinces. Chitose visited Canada in 1967, accompanied by one of his leading protégés, Mamoru Yamamoto (who would later go on to found Yōshūkai Karate-do).

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