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Mother/baby Birthing From Within really is an extra-ordinary guide to childbirth preparation. Whereas most childbirth preparation books focus on the clinical and gestational aspects of this magical journey into parenthood and birth, Birthing From Within focuses on the

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aspects that are less physical and more  
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In 1989, Pam began creating the Birthing From Within approach to help mothers reclaim the spiritual, emotional,

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and psychological awareness needed to fully experience birth as the rite of passage it is and should be. Pam is a registered nurse, and received her midwifery training from the Frontier Nursing Service, Hyden, Kentucky.

**Birthing From Within : Extra-  
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Birthing from Within: An Extra-Ordinary Guide to Childbirth Preparation - Kindle edition by England CNM MA, Pam, Horowitz Ph.D., Rob. Download it once and read it on your Kindle device, PC, phones or tablets.

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promoting the expansion of childbirth education into wider and deeper areas of learning (England & Horowitz, 1998).

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